



Introduction to StressCheck Workshop

Session I (4 hrs) Introduction to StressCheck DAY DATE (TIME)

- □ Welcome and introductions
- ☐ Presentation/Exercise: "Introduction to StressCheck"
 - StressCheck GUI snapshot & walkthrough
 - Exercise: Open a handbook model, solve, post-process, update parameters/re-solve
 - Files: Eyebolt.scw (Handbook/Parts folder)
 - The Key Quality Checks for FEA Solutions
- □ Presentation/Exercise: "Exploring StressCheck"
 - Exercise: end-to-end StressCheck application
 - File: Arm.x t
 - Importing CAD geometry
 - Automeshing overview
 - Global mesh input parameters
 - Boundary conditions overview
 - Supported load types
 - Supported constraint types
 - Solving a linear analysis
 - What is discretization error?
 - Reducing discretization error via h, p and hp-FEM approaches
 - Post-processing and solution quality checks
 - Check global error, deformed shape, fringe continuity and convergence
- Presentation: "Why Use StressCheck?"
 - Vision for StressCheck & S.A.F.E.R. Simulation
 - Example engineering applications
 - Strengths & differentiators vs. typical FEA implementations

Session II (4 hrs) Model Creation DAY DATE (TIME)

- Presentation/Exercise: "Model Creation"
 - Discuss model creation techniques, best practices, associativity, & common errors.
 - Exercise: Build a 3D lug from scratch
 - Enhancing model flexibility with parameters
 - Exercise: Edit the lug model & mesh to be parametric
- Presentation: "Limiting Modeling Errors: Point Loads & Constraints"
 - Traditional vs. StressCheck implementations for interpreting pointwise input data
 - Best practices for point loads & point constraints in StressCheck
- ☐ Presentation: "Tips for Practical StressCheck Usage"
 - Commonly used features for StressCheck productivity
 - Dockable panes & GUI layout customizations





Session III (4 hrs) Advanced Modeling DAY DATE (TIME)

- □ Presentation: "What's New in StressCheck?"
 - The latest StressCheck features & enhancements
- Exercise: "Building 2D Geometry"
 - Building a parametric plate with four satellite holes around a central cutout.
 - Analyze for tension & compression load cases.
- □ Presentation/Exercise: "Mesh Refinement Features, Strategies & Best Practices"
 - When is mesh refinement necessary?
 - Discuss mesh refinement by the Any Boundary, Boundary Layer & Local Size methods
 - Exercise/Demo: Railroad Tie Mesh Refinement Workflow
 - File: RRTie.x_t
- Presentation/Demo: "FEA-Based Sim Apps via StressCheck's COM API"
 - How StressCheck may be automated via scripting (e.g. VBA/Python)
 - Demo: Analyzing the 2D satellite hole model via Excel VBA script
 - Files: SatelliteHoleDriver.xlsm, SatelliteHoles.scp
- Discussion: Debugging StressCheck errors & warnings (time permitting).
 - Associativity errors
 - Meshing errors
 - Solver errors

Session IV (4 hrs) Complex Analyses

DAY DATE (TIME)

- □ Presentation/Exercise: "Multi-Body Contact"
 - StressCheck multi-body contact overview
 - How the algorithm works, solver/post-processing features
 - Model requirements & setup
 - FAQ's & best practices
 - Quality checks
 - Troubleshooting
 - Exercise: Connecting rod under tension loading
 - File: ConnectingRod.x_t
- □ Presentation: "Global-Local"
 - StressCheck global-local overview
 - Saint-Venant's Principle
 - Global-local methods
 - FAQ's & best practices
 - Example global-local workflow for DaDT analysis
 - Exercise: Bracket stress analysis with imported TLAPs
 - Files: bracket.x_t, fbd_sc.csv
- □ Presentation: "Wrap Up & Next Steps"
 - What we learned in this training course
 - Next steps & online e-Learning resources
 - Q&A